

## RESOURCES

\*\*\* (WE UPDATE THIS LIST AT LEAST EVERY 2 WEEKS)

The people on this list have passed and continue to maintain the excellence in their service and products that makes us willing to put our reputations on the line and offer them to you. We know if they disappoint you, you will be disappointed in us. We do our best to keep this up to date and as complete as only 100% satisfactory vendors we have experienced can make it. If you don't find what you want, please feel welcome to call us. We will do thorough research and get back to you with people you can know are Reliable and Reasonable and Trustworthy.

### APPRAISERS:

\*Mary Anderson, MARY ANDERSON APPRAISALS (Residential)  
Mobile: 619-847-6279 [maryandersonappraisal@gmail.com](mailto:maryandersonappraisal@gmail.com)

\*FOOS & ASSOCIATES – Certified Appraisals  
6310 Greenwich Dr #220, SD 92122  
858-860-1205

Doranne Godwin  
Certified General Appraiser  
858-268-8028

### Fine Art and Furnishings

WILL CHANDLER 619-207-7004

JAMES MCDONALD 858-454-1218

PAMELA BENSOUSSON 619-420-7782

### Books

D.G. Wills  
7461 Girard Avenue, La Jolla 92037  
858-456-1800

### APPLIANCE REPAIRS:

\*PRO APPLIANCE – Carlos  
619-749-8955

A&E FACTORY SERVICE  
Appliances, electronics, lawn, garden + fitness equipment !!  
Fast and sure and reasonable!

800-905-9505

APPLIANCE ALLEY – brand name appliances, plus delivery and  
Installation and repair services.

1691 Hancock St, San Diego 92101  
619-291-8452

### **ARCHITECTS:**

\*Marc Tarasuck, AIA, 619-262-0100 – historic, all styles, renowned

\*Drew Hubbell 619-231-0446 – specializes in green, phenomenal.

Mel McGee, MCGEE – SHARON ARCHITECTS

619-299-9111

1530 W. Lewis Street, San Diego, CA 92103

Kim Grant Design, historic and coastal specialist

2400 Kettner Blvd, Studio 207

San Diego 92101

619-269-3630 [kim@KimGrantDesign.com](mailto:kim@KimGrantDesign.com)

### **ARTISTS:**

\*Lisa Maywood, custom crafted glass arts from windows to serving plates/trays,  
Everything. Currently doing all the windows in St.James by the Sea, LJ.

858-220-3282

\*TABOO STUDIO - represents jewelry artists, not manufactured products.

Amazing and unique and a special class. Will also design specifically for you.

1615 1/2 W. Lewis, SD 92103

619-692-0099

\*Anita Sagarese @ ART SHOW

2802 Juan St #27, Old Town, San Diego, CA 92110

619-491-0456

### **ATTORNEYS:**

Real Estate, and ...

Sean Schwerdtfeger 619-595-3403

Divorce

Lisa Kenny 619-234-1910

Estates and trusts Attorney

Richard T. Woods 619-347-9866

Nancy Spector 619-260-0303

Landlord Tenant Law

Ted Kimball, KIMBALL, TIREY & ST. JOHN LLP,

619-234-1690

Venture capital, financing, governing, operating, buying, selling and merging,  
corp.and business transactions, franchising, power businesses

William W. Eigner, PROCOPIO, CORY ET AL.

619-515-3210

**AUTO :**

Body Shop:

CARRILLO'S AUTO BODY

3074 Adams Avenue

619-281-6791 **excellent customer service and prices, Lexus  
Recommended**

MISSION HILLS AUTOMOTIVE

308 Washington Street, Mission Hills

619-299-9367

Auto Detailing – comes to you, rea\$onable!

Ryan Miller 818-792-6393, ryancmiller8@gmail.com

Tires:

TIRE DEPOT

3189 Adams Avenue

619-280-0331

**AWNINGS:**

John Woods, Custom Awnings

2814 University Av, SD 92104

619-260-1300

**BEAUTY SPA**

Votre Beaute

1611 W. Lewis St, Mission Hills

Joelle Ottow is owner

619-291-6614

First time any aesthetician ever looked at my skin before prescribing treatment! Consistently fabulous.

**BEE REMOVAL:**

\*4 POINTS PEST MGMT

Larry 619-850-9945

[4pointspest@cox.net](mailto:4pointspest@cox.net)

Bees, rodents, bedbugs

MR. BUG – Larry Bonilla

619-850-9945

**CHIROPRACTIC**

Patrick Dorman

3330 4<sup>th</sup> Avenue, San Diego 92103

619-297-4091

**CLEANING:**

\*Brenda Cuadras

619-408-5132

ECO-CLEAN (MM)

619-224-7847

Julia Gomez

619-564-2600 \$18/hr

Cleanology – company that does it all.

619-281-2532

**CARPETS:**

Champion Chem Dry (WAY better than Stanley Steemer!)

Jorge Rojas's son has taken over, all about exceptional work and customer service

858-277-4245

**WINDOW CLEANING**

\*Lawrence Streubing – windows and skylights

619-276-6432

**COMPUTERS:**

\*Dave Edwards (our personal go-to computer guy!)  
Call him, he'll fix it, install it, network it, set it up, shut it down, improve it, and he is very reasonable and you can trust him with your grandmother!  
619-884-8774

\*San Diego Computer Help  
325 W. Washington Street, Suite #4, SD 92103  
619-363-5325

Software and hardware fixes! So far always excellent for everyone we have sent there including us!

Brian Jackson  
619-351-2668 [uptheblues@cox.net](mailto:uptheblues@cox.net)

\*LASER SAVER – comes to you 858-693-8838 [lasersaver@sbcglobal.net](mailto:lasersaver@sbcglobal.net)  
Printers of all kinds (ignore the name) supplies and excellent service!  
We buy their cartridges at \$20/unit LESS than Staples, and my personal printer is way better than any office I have been in, because they maintain it so well!  
Reasonable!!

\*SEE ALSO OFFICE EQUIPMENT SERVICE AND REPAIRS (BELOW)

### CONTRACTORS:

#### General:

\*Bruce Banning, BANNING AND SON, General Contractor  
Holds multiple licenses, has been my go-to for 15 years!  
619-843-6469 [banningandson@gmail.com](mailto:banningandson@gmail.com)

\*VAN BERG  
619-237-5527

\*Mike Dawkins – BRR, Inc. (Buyers Requested Repairs)  
760-304-2763

\*Rodrigo Luna, President TRIPPLE R CONSTRUCTION – General Contracting  
Plans, permits, residential, commercial, concrete  
619-871-4652 [concreteguy09@cox.net](mailto:concreteguy09@cox.net)  
870 Piccard Av, SD 92154

Cesar Del Valle RESTORATION INC., General Contractor  
760-497-8664 [arrestorationinc@gmail.com](mailto:arrestorationinc@gmail.com) (Wise+2 nbrs)

Jesse Warner  
ARTISTIC TOUCH  
619-890-2757

## CONTRACTORS, MISC –

### BATHTUB REFINISHING

619-265-9200

### Cabinetmakers:

\*Craig Thibodeau, CT FINE FURNITURE

Custom Cabinetmaker, custom furniture design and build

619-981-4508

\*Jack Montgomery, SEACOAST CABINETS

Craftsman, carpenter

619-954-6222

1675 N. Johnson St, SD 92120

William Van Dusen Millworking

619-443-7689

wvdmillwork.com

Doug Kuczkowski

DK Woodcraft

619-813-9208

Michael Borelli, PARK BLVD. ART WORKS

4421 Park Boulevard, SD 92116

619-692-0734

### Carpentry

Jim and Anton Fero FERO & FERO

Finish Carpentry, Stairs, Mantels

619-243-9282 Jim, 347-387-0118 Anton

### Concrete and Masonry:

Art Tarantino

TARANTINO MASONRY

5173 Waring Rd. #254, SD 92120

619-379-3246 [atarantino@cox.net](mailto:atarantino@cox.net)

### Decks:

Clint Worley, STEVEN WORLEY CONSTRUCTION INC

619-579-9501, mobile: 619-743-4063 [clint@swcmgr.com](mailto:clint@swcmgr.com)

Decks, Drainage, Foundations

### Drains

Baird Plumbing & Drain  
[619-462-8229](tel:619-462-8229)

**Drywall:**

Bryan Wright ALMOST ANYTHING IN DRYWALL  
Quality, prompt, rea\$onable  
1329 Fort Stockton Drive, SD 92103 858-679-8346  
[Wright4@cox.net](mailto:Wright4@cox.net)

**Elevators:**

ACME HOME ELEVATOR  
800-888-2567 [www.acmehe.com](http://www.acmehe.com)

**Environmental:**

\*Andrew, RAPID RESPONSE  
Asbestos, Lead, Radon, EMF, Formaldehyde, Mold etc--Testing and Abatement,  
remediation  
858-715-0842

\*ENVIROCHECK INC.  
Asbestos, Mold Etc. testing only  
800-665-7586

\*BELFOR PROPERTY RESTORATION  
Water Damage, Mold, etc  
858-847-9886

John Watkins, THE WALL CONSTRUCTION  
619-764-0064 [john@thewallconstruction.com](mailto:john@thewallconstruction.com)  
Mold remediation – straight forward and reasonable.

ECOTECH - solutions for indoor air pollution, allergy proofing homes  
858-618-1312, [www.ecoquestintl.com](http://www.ecoquestintl.com)

**Fences:**

\*Carl McCall (Arista)  
619-876-3650  
INVISIBLE FENCE COMPANY  
760-633-4050

**Foundations and drainage and stability:**

\*Bruce Banning, BANNING AND SON, General Contractor  
Multiple licenses including foundations  
619-843-6469 [banningandson@gmail.com](mailto:banningandson@gmail.com)

\*Rodrigo Luna, President TRIPPLE R CONSTRUCTION – General Contracting  
Plans, permits, residential, commercial, concrete  
619-871-4652 [concreteguy09@cox.net](mailto:concreteguy09@cox.net)  
870 Piccard Av, SD 92154

\*Hellenic Construction (recommended by Melissa T)  
619-787-6977

**Furniture Refinishing:**

THE STRIP SHOP  
619-222-8206

STEVE'S WOOD STUDIO  
619-234-1470

**Glass and Mirrors**

PARK PLACE SCREEN AND GLASS

Screens, glass, mirrors, shower doors, security doors and bars,  
Window/vinyl/aluminum, free estimates  
3580 Adams Avenue, SD 92116  
619-283-6105

**Insulation:**

ADVANCED INSULATION AND SOUND CONTROL

John Coleman, Dale Deckman  
800-405-7878 619-258-1565

J & L INSULATION  
619-561-8632

**Iron:**

Ricardo Vallejo – A & R IRONWORK  
619-339-8023, 619-239-1688

San Diego Ornamental Iron  
1401 Pioneer Way #1, El Cajon, CA 92020  
619-593-1591 - design and build gates, awnings, fencing, anything beautiful!

**Lighting:**

\*GIBSON & GIBSON ANTIQUE LIGHTING  
180 Mace St # C9, Chula Vista, CA (most designs choose Jim Gibson)  
619-422-2447

\*Tammy Packard, TAP LIGHTING



3690 Sixth Avenue, SD 92103  
619-275-2303 619-692-0065

**Masonry:**

Art Tarantino, TARANTINO MASONRY  
619-379-3246 [atarantinno@cox.net](mailto:atarantinno@cox.net)  
5173 Waring Rd #254, SD 92120

**Plaster and Stucco**

\*BERGIO STUCCO  
826 Orange Ave. P.O.Box 548  
Coronado, CA 92118  
619-448-9900 [www.burgioستucco.com](http://www.burgioستucco.com)

\*Seamus Mullins Plastering  
1270 Cleveland Ave., San Diego, CA 92103  
619-692-4148

Isaac Gelacio GOLDEN STATE PLASTER  
619-985-4205

Robert Harris  
619-549-0825 619-255-8052

Mark Barta  
619-280-3130

**Raingutters:**

AFFORDABLE RAIN GUTTERS  
David Fraka  
619-469-0400

SEAMLESS RAINGUTTERS, Tom Ruocco  
619-444-9191 619-890-9919

CALIFORNIA GUTTERS  
877-310-7246

**Solar Tubes (skylights):**

BRIGHTER CONCEPTS, INC.  
760-602-3223

**Windows:**

THE WINDOW DOCTOR  
619-307-1896

Jim Stafford  
1638 Sutter Street, SD 92103  
619-297-5934

**PARK PLACE SCREEN AND GLASS**

Screens, glass, mirrors, shower doors, security doors and bars,  
Window/vinyl/aluminum, free estimates  
3580 Adams Avenue, SD 92116  
619-283-6105

**Jaymi Doanm PRESTIGE WINDOW TINTING**

Lifetime warranty on residential, clear safety films for single pane,  
Remove and Install. Increase sound and temperature comfort.  
619-857-1318

**DELIVERY SERVICE**

Rick or Terry, UPTOWN DELIVERY SERVICE, licensed and bonded  
619-282-7135 [uptwnsd1@aol.com](mailto:uptwnsd1@aol.com) senior discounts

**DENTISTS:**

**General:**

\*Dr. Gavin J. Miller  
4130 La Jolla Village Dr #205, La Jolla 92037  
858-546-7667

\*Dr. Scott Rauvolo  
2130 Fourth Ave, San Diego 92101  
619-298-9383

**Endodontist:**

\*Dr. John C. Pawlak  
7900-F El Cajon Blvd, La Mesa, CA 91941  
619-465-1079

**Surgeon, Periodontist, hygiene**

\*Dr. Peter Nordland  
850 Prospect, La Jolla 92037  
858-459-7374

**DESIGNERS:**

DESIGNING HOUSEWIVES

Diane Stocker, Madeleine Pavel  
Full design services AND home staging, color consultation, one-day design,  
move-in strategies  
619-282-8563

Nancy Manos, Interior Designer, home and commercial  
619-491-9231, 619-692-0212

ASID/BAST WRIGHT INTERIORS, Robert Wright, nationally renowned  
744 G St #102, SD 92101  
619-239-5590 [designer@bast-wright.com](mailto:designer@bast-wright.com)

Judy Christensen, DESIGNS BY JC  
Specializes in commercial interiors/offices, retail, etc.  
619-251-1361 [artbyjc@yahoo.com](mailto:artbyjc@yahoo.com)

**STAGING:**

\*THE EDITED NEST – Leesie Van Roon  
(619) 994-2334  
[editednest@gmail.com](mailto:editednest@gmail.com)

Excellent at paring and culling and using owner's own to present best  
look for selling.

\*Whitney Parrott, EVERYTHING CREATIVE DESIGNS (impressed several times!)  
443-537-3790 [whitpar@yahoo.com](mailto:whitpar@yahoo.com)

Have their own warehouse of furnishings, truck, workers,  
any style. From \$2000: 70% down, 30% balance upon staging = 2  
mos., \$500/mo additional time, more for larger properties.

\*Cheryl Staging (recommended by S.Schoeffel)  
760-420-6660

\*Terri Wise (recommended by S.Schoeffel)  
619-540-8185

SHOWHOMES – Home Staging  
Chris Gulliver – 760-533-5334 [cgulliver@showhomes.com](mailto:cgulliver@showhomes.com)  
Lisa Gulliver – 760-522-5334

Also Moves "house managers" as well as furniture into vacant homes and  
Facilitates the sale. In this event, they are paid from the "house  
managers", who also get less-than-normal rental rates for their  
cooperation.

**DRIVER:**

James McQueen

619-517-9949

**ELECTRICIANS:**

\*Todd @ DR. ELECTRIC (recommended by Jim Gibson and  
619-746-7115 our pickiest client!!! And us!!)  
[todd@drelectric.net](mailto:todd@drelectric.net)

\*Dean Mastrovic  
858-565-9595

\*Gerry Roy (J. Barker/Van Berg, Sally Schoeffel)  
619-804-7478

\*Point Loma Electric  
Specialize in older homes  
619-567-7960

ZED ELECTRIC  
619-224-3748

Correia  
619-293-0281

**ENGINEERS: Structural/Civil**

\*Bernard J. Luther, RCE, CEG  
APPLIED CONSULTANTS  
1941-A Friendship Drive, El Cajon, CA 92020  
619-258-9000 [bernard@applied-consultants.com](mailto:bernard@applied-consultants.com)  
Geotech.services, forensic engrg, structural engrg, civil engrg,  
hydrogeology

**ENTERTAINMENT:**

**WANT YOUR EVENT TO BE REMARKABLY SPECIAL?**



Amazing woman who releases Monarch Butterflies a TRUE AHHH MOMENT.  
[www.SanDiegoButterflyRelease.com](http://www.SanDiegoButterflyRelease.com),  
or 619-813-6507, or [hello@reneesbouquet.com](mailto:hello@reneesbouquet.com).  
The season is late March to October.  
She raises them!!

**MAGICIAN**

\*Curtis Clarke – astounding, fabulous party patter  
619-890-1263 [fiftytwocards@hotmail.com](mailto:fiftytwocards@hotmail.com)

#### BAND

\*Paul Hartley – 50's and classic pop, fabulous fun!  
Indian Joe and the Chiefs Band  
619-222-7443

#### JINGLES SINGER

\*Glenn Erath – singer, jingles (amazing) – he will make them up at your party!  
760-216-8433

#### HARPIST

Dana Mosser  
619-987-4747 [dana@mosser.com](mailto:dana@mosser.com)

#### ESCROW:

\*Lori Northcutt  
Affinity Escrow Services  
1550 Hotel Circle North #110, SD 92108  
619-260-1200, 858-248-0912 mobile [lori@affinityescrowservices.com](mailto:lori@affinityescrowservices.com)

#### EXCHANGE/QUALIFIED INTERMEDIARY SPECIALISTS

##### ASSET PRESERVATION INC.

5740 Fleet Street, Suite 100, Carlsbad, California 92008  
877-264-3633, 619-733-4383 mobile [apiexchange.com](http://apiexchange.com)

##### Monique Wilson, EXCHANGE RESOURCES

3570 Camino Del Rio N #100, San Diego, CA 92108  
619-528-4290, [mwilson@exchangeresources.net](mailto:mwilson@exchangeresources.net)

#### ESTATE SERVICES

Stuart McGraw, SUNRISE ESTATE SALE + LIQUIDATION  
Downsizing or whatever help needed, sorting, packing, moving  
Has muscles and truck. Free consultation  
619-793-7795

##### Helen Kinnaird

LEGACY ESTATE LIQUIDATION - does it all from sort to sell and donate.

619-291-2660

[legacystateliquidation@yahoo.com](mailto:legacystateliquidation@yahoo.com)

Deborah A. Cables, ESTATE OF MIND 760-419-0954  
Free consultation, does assistance with what to sell, donate, trash.  
Will do all the work packing and sorting and presentation,  
Has extensive list of estate sale buyers, signs and ads.  
Conducts the sale. At end of sale will remove any remaining items according to  
your instructions, vacuum, clean and send payment and itemized accounting  
within 10 days of last day of sale. Licensed, bonded, insured.

\* Leesie Van Roon, THE EDITED NEST - can help you sort keep -vs- donate -vs-  
sell -vs- trash and have all kinds of wonderful skills and knowledge and resources  
to make your complicated job easy.  
619-994-2334 [editednest@gmail.com](mailto:editednest@gmail.com)

\*BOB BRACKNEY, EXTRAORDINARY Estate Services  
34 years in the business  
619-820-1884

Rick Habicht, ESTATE SALE WAREHOUSE  
Will buy out everything for one price.  
619-913-4289

\*Mark Stabile and Ron Dorsey  
BLUE RAVEN SALES AND LIQUIDATION  
619-847-3456

Appraiser – see appraisers section...

#### Resale and Consignment Shops:

\*KAREN'S CONSIGNMENT  
4051 Voltaire Street, Point Loma  
619-225-8585

Randy Batley and Jim O'Connor – MISSION GALLERY ANTIQUES  
330 Washington Street, Mission Hills  
619-692-3566

#### EVENTS AND PLANNING:

Bill Anton, MEETING ARCHITECTS, CONFERENCE AND CONVENTION PLANNING  
Everything you need to meet and exceed the objectives of your event in San  
Diego, California, the United States, Canada and Mexico.  
619-241-2351 [info@meetingarc.com](mailto:info@meetingarc.com) [www.meetingarc.com](http://www.meetingarc.com)

Wedding Planner: Thomas Bui, THOMASBUILIFESTYLE.COM  
858-663-8516 - if you want the best!

## FINANCIAL:

### C.P.A. – Accountancy Services

\*Marc F. Pollack, C.P.A., Partner  
CONSIDINE AND CONSIDINE, Certified Public Accountants  
**8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108**  
619-231-1977 [mfp@cccpa.com](mailto:mfp@cccpa.com)  
Christopher R. Tutor, CPA – Supervisor, Real Estate Dept.

### Investment Broker

\*John Fieberg, EDWARD JONES CO.  
1111-A Fort Stockton Dr, SD 92103  
619-260-8403

### Financial Planner + C.P.A.

\*Josh Koehnen, CFP  
PREMIER WEALTH MANAGEMENT  
619-501-1184

Jim Amerman, PURE FINANCIAL  
619-379-3880  
[Jim.amerman@purefinancial.com](mailto:Jim.amerman@purefinancial.com)

Background and Credit Checks  
SAN DIEGO ASSOCIATION OF REALTORS  
Inclusive criminal reports, renter fraud warnings, identification verifications,  
credit reports, rental history.  
858-715-8000, [www.SDAR.MySmartMove.com](http://www.SDAR.MySmartMove.com)

Temporary/interim CFO services  
Ed O'Sullivan, CFO CONNECT  
858-216-4541 858-774-6961 [eosullivan@cfoconnect.biz](mailto:eosullivan@cfoconnect.biz)

### Bookkeeping and general help:

\*Isabelle Barks -  
619-574-1226 [izbarks@aol.com](mailto:izbarks@aol.com)

Todd Alexander  
[tod.b.alexander@gmail.com](mailto:tod.b.alexander@gmail.com)  
[\(619\) 301-7070](tel:(619)301-7070)

Paychex, Inc. – payroll services  
2385 Northside Dr, Suite 100, SD  
(619) 788-5800

## FIREPLACES:

\*Ian, CHIMTECH  
619-401-7772

Andy and John  
FARRELL'S FIRESIDE  
619-297-1744, 619-441-2755

### **FLOORING:**

\*Tile and Carpets  
James Morral  
619-889-8087  
VERY pleased. Thorough, cleaned up, excellent service and results!

Busy: referred Jesse Warner @ Artistic Touch 619-890-2757

\*Danny Macedo  
D-MAC FLOORS – why pay more if you can get the best!  
619-249-8719  
Will also remove carpet and haul away

Mike Hernandez  
760-310-1687

### **FLOOR PLANS**

877-485-7885 m-f  
[www.homedepotmeasures.com/realestate](http://www.homedepotmeasures.com/realestate)  
\$119 3000sf ++ promo code CAR15 saves \$

### **FLORISTS**

\*FLORASTYLE – unbeaten style  
858-246-6880

\*Allan's Flowers and Plants  
620 Market St, SD 92101  
619-233-7673 - amazing style at reasonable prices!

TROPICAL FLOWERS AND BOUQUETS OF HAWAII  
808-248-7508 [www.tropicalflowersandbouquets.com](http://www.tropicalflowersandbouquets.com)

### **FURNITURE:**



\*Craig Thibodeau CT FINE FURNITURE

Custom Furniture Design and Build, Cabinetmaker, Craftsman etc.....

2310 Kettner Blvd #C, San Diego, 92101

619-981-4508 <http://www.ctfinefurniture.com/> [info@ctfinefurniture.com](mailto:info@ctfinefurniture.com)

TIMELESS COLLECTIBLES

Absolutely clever, cool, and unique

2602 Adams Av, SD 92116 619-683-7830

KAREN'S CONSIGNMENT GALLERY

4051 A Voltaire 92107 619-225-8585

Furniture Refinishing:

STEVE'S WOOD STUDIO

619-234-1470

Ivan J. Harrison

Furniture Restoration Specialist

619-444-2454

Gledhills Don

619-296-8272

Patrick Edwards, Furniture Restoration

619-298-0864

THE STRIP SHOP

619-222-8206

## **GARAGE DOORS**

Sell, service, install... rea\$onable

UP AND DOWN GARAGE DOORS 619-464-0166

8186 Commercial Street, La Mesa 91942

[www.upanddowngaragedoors.com](http://www.upanddowngaragedoors.com)

## **GRAPHIC DESIGN:**

\*VISUAL ASYLUM - dazzling and spot on!

1045 14<sup>th</sup> Street #120, SD 92101

619-233-9633

[maelinl@visualasylum.com](mailto:maelinl@visualasylum.com)

Brian Lemke, LEMKE DESIGN

4205 Trias Street, SD 92103  
619-542-0412  
<http://Logonerds.com>

Sandy Lollis, ELEMENTS DESIGN  
619-749-8353  
El Cajon

**HAIR and SKIN CARE:**

\*Bob the Barber  
Pacific Highway and Noell (I think)  
619-296-0694

Lillian Keller, Hair care  
[619-665-6487](tel:619-665-6487)  
Stephens at W. Lewis St

\*Darlene Wainscott  
The HANDLERY HOTEL, Hotel Circle North  
619-291-5951    amazing with hopeless cases!

\*VOTRE BEAUTE' - the first place that ever examined me before recommending a treatment! So clean and professional!  
1611 W. Lewis Street, 92103    619-291-6614

**HANDYMAN:**

\*Brian Dyer 619-750-9197 \$40/hr approx.  
Carpentry, painting, elec, plumbg, repairs,  
[Brianpdyer@gmx.com](mailto:Brianpdyer@gmx.com)

\*\*Lon Rosenbarker 619-933-4414 (licensed contractor)  
Extremely skilled fine quality work – gates, benches, etc, etc. \$55/hour and a deal at that price!

Dado Pezo  
619-400-6061  
Rea\$onable and skilled, WONDERFUL attitude, trustworthy!

Jeremy (Rees says expensive but FAST and excellent!)  
619-227-2741

Steve Miller (Kellee ref)  
619-729-7542

Juan Vito 760-801-7678

Painting, electrical, plumbing, tile, moving/hauling, cleaning, landscape, sprinklers

Bob Hoyt (Wenker and Jones) 858-525-2594

\*Francisco Garcia 760-317-3496

### **HAULING:**

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619-225-8362

Household junk removal, garage cleanout, yard debris, truck for hire.

HAULS 4 LESS

Residential and Commercial Removal and Transport

7Days/Week/same day service

858-344-2973 [hauls4less@gmail.com](mailto:hauls4less@gmail.com)

Tito's Hauling

619-992-2854

### **HEATING AND AIR CONDITIONING:**

\*JACKSON AND FOSTER HEATING AND A/C

7574 University Avenue, La Mesa, CA 91942

619-667-4328

\*JERRY'S HEATING AND A/C

619-449-1623

Alternate recommended by our primary/trusted contractor:

Tarpey 619-820-4580

### **HISTORICAL:**

SAVE OUR HERITAGE ORGANIZATION

619-297-9327

HISTORICAL RESOURCES BOARD

619-235-5224

SAN DIEGO HISTORICAL SOCIETY  
619-232-6203

**HOME WARRANTY:**

Debi Levenson, FIDELITY NATIONAL HOME WARRANTY  
619-252-7823 [dlevenson@fnf.com](mailto:dlevenson@fnf.com)

**INSPECTING CONTRACTORS:**

\*John Bowley – MASTERSPECS - residential AND commercial  
619-250-0517

\*Bill Crowther, CMC HOME INSPECTIONS  
619-549-0922  
5317 Tufts Street, La Mesa, CA 91942-1702

\*David Jobe – BPG INSPECTION SERVICES  
800-285-3001, 858-518-9912 mobile

\*Bill Thompson, PACIFIC REAL ESTATE INSPECTION SERVICES  
1323 Buena Vista Av, Spring Valley 91977  
800-305-3035 [pacificinspector@cox.net](mailto:pacificinspector@cox.net)  
[www.pacificinspections.com](http://www.pacificinspections.com)

San Diego Real Estate Inspection Co.  
James Hawks  
760-203-9682

Steve Dehlinger, AMERICAN REAL ESTATE INSPECTION  
951-522-9478 voice or text  
Homes, Industrial or commercial, CREIA "Master" Inspector, Licensed Contr  
[American.inspection@gmail.com](mailto:American.inspection@gmail.com)

David Reed – FORENSIC WATER & DRAINAGE SPECIALIST  
760-603-8106

**INSURANCE:**

\*Annette Crutchfield  
FARMER'S INSURANCE AND brokers, an agent who takes *care* of you!  
619-994-9408

Brad Sund

STATE FARM INSURANCE  
1527 W. Lewis St 92103  
619-296-6505 ofc      619-884-9162 mobile  
[brad@sundiegoinsurance.com](mailto:brad@sundiegoinsurance.com)

CALIFORNIA INSURANCE HOTLINE  
800-927-4357

### JEWELRY – CUSTOM

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619-692-0099

### LANDSCAPING, GARDENING, TREES:

\*Jose and Juan Torres (father and son)  
TORRES GARDENING – Landscape and Maintenance  
619-279-4893 Jose cell, 619-263-2380 ofc

**I am totally THRILLED  
with their spirit and  
their work! ! !**

\*Fernando Miranda (Ruth C)  
619-279-4511

Carlos M. 858-568-3085  
Gardener to some of your most gorgeously landscaped neighbors in M H

Enrique  
619-793-7081 (multiple M H referrals)

GREG BOTZ, L/S architect  
4019 Goldfinch St., SD 92103  
619-280-3038

SCOTT JONES PLANT COMPREHENSIVE (design on Hortensia)  
619-223-5054, 619-302-1550 mob  
[plantproco@att.net](mailto:plantproco@att.net)

\*MOOCH EXTERIOR DESIGNS, INC.  
619-450-6990  
All things outdoors – design, build, restore  
Located in North Park

\*ZUNIGA TREE SERVICE  
Julio Zuniga Complete tree care

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Commercial, residential, bonded, insured, reasonable\$\$

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Ron Matranga, Certified Arborist  
619-463-1707

**LENDERS:**

\*Scott Morse **\*has performed consistently!**  
RWM LOANS  
11234 El Camino Real, San Diego, CA 92130  
858-922-3575  
[scottm@rwmlans.com](mailto:scottm@rwmlans.com)

\*Jeremy Patterson, BENCHMARK MORTGAGE  
(619) 266-7600 ext. 305, direct, 858-602-6608 mobile  
jeremy.patterson@benchmark.us  
Face-to-face discusses borrower financial goals, tax ramifications, planning.  
Can do lockandshop rate lock 150 days 1/8% on loan plus 1% fee which is  
refunded at close of loan. If in escrow auto no-fee 45 day lock on rate.  
ALSO does reverse mtgs with care.

\*Linnea Arrington, SAN DIEGO FUNDING  
2468 Historic Decatur #160, San Diego 92106  
619-260-1660

\*John Filighera, Broker/Owner  
JOHN FILIGHERI AND ASSOCIATES  
484 B. Washington St #320, Monterey, Ca 93940  
831-645-1000  
[jfa@cruzio.com](mailto:jfa@cruzio.com)

**doesn't have to be here to  
ply his miracles, is absolutely  
a get-it-done person**

\*Matt Glynn, ONE TRUST HOME LOANS  
3131 Camino Del Rio North #1680, SD 92108  
858-429-4652 work 858-869-7661 mobile  
[mglynn@onetrusthomeloans.com](mailto:mglynn@onetrusthomeloans.com)

Julia Cruz, GUILD MORTGAGE  
Specialist company in first time homebuyers  
619-804-8443

Cindy Lehman, Manager, CALIFORNIA BANK & TRUST  
5<sup>th</sup> Avenue, SD 92103  
619-542-5081 **portfolio loans for customers of bank**

Daniel Kitchen – NAVY FEDERAL CREDIT UNION  
619-346-1614     [dan\\_kitchen@navyfederal.org](mailto:dan_kitchen@navyfederal.org)  
3<sup>rd</sup> largest cred.union in U.S.     can do non-qualifying condos  
Do portfolio loans/no ridiculous formulas. All kinds of military  
Including relatives, widows, etc. Have max 10% down up to \$2M  
Have max 0% down up to \$1M. Call them for updates.

Bill Heon, CMG FINANCIAL  
(619) 554-1328 office  
(619)846-6057 mobile  
[bheon@cmgfi.com](mailto:bheon@cmgfi.com)

Tyler Hale, Account Executive  
FIRST REPUBLIC BANK – portfolio lender  
619-338-1531  
[thale@firstrepublicbank.com](mailto:thale@firstrepublicbank.com)

big client says:     David L. Stiffler, Home Mortgage Consultant, WFB  
714-404-4139     [davidstiffler@wellsfargo.com](mailto:davidstiffler@wellsfargo.com)

#### **LOCKSMITHS:**

\*Dathan, MR. REKEY LOCKSMITH  
619-234-5397  
Also does smoke and CO alarms, gar doors, hardware upgrades, etc.

\*REDFIELDS LOCKS AND KEY – keys always work!  
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619-296-6487

ABC LOCK & KEY (old keys)  
4131 30th St 92104  
619-284-4377

#### **MARKETING**

Firstemailflyers.com

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619-384-7296 call/text  
Sports and injury recovery, mobile massage therapy, just luxury!

## **MILITARY RETIRED SERVICES**

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[\(619\) 524-5301](tel:6195245301) - MCRD San Diego Bldg.14.

## **MOVING:**

Willie, MOOR MOVING COMPANY

619-286-3440, 619-454-0332 mobile

GORILLA MOVERS

858-342-9964, 619-600-5000

PRIORITY MOVING

858-689-2525

NORTH PARK MOVERS

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For furniture pickup, delivery, personal moving:

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Or

Uptown Delivery 619-282-7135

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## **NOTARY PUBLICS**

Mobile: Rick

619-955-3585 [notaryguy619@gmail.com](mailto:notaryguy619@gmail.com)

Central San Diego

Amber Triplett WOODS REAL ESTATE SERVICES

930 W. Washington St, SD 92103

619-990-2759



## OFFICE EQUIPMENT SERVICE AND REPAIRS

\*LASER SAVER: Printer service and supplies  
858-693-8838

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30+ years of excellent, reliable and trustworthy  
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\*Francisco, VIEW PAINTING  
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\*Maximo – painting and wood refinishing  
619-743-5917

\*Troy Massoth's Painting  
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Perfectionist and Rea\$onable!

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wood repair, etc.  
619-895-3279

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(You won't believe the price and service if you come from Paychex like I did!)  
Jessica 619-585-8358 [staff@onecheck.com](mailto:staff@onecheck.com)

## PERMITS:

City of San Diego Permit Records 619-236-6934

Ian Scattergood – THE PERMIT PRO CONSULTANT  
619-884-5433 Researches, can do after-permits, problem-solver

Doug Antolini, Permit Consulting  
858-268-5792

Donnis Eminger, PRECISE PERMITS  
Research and preparation  
619-260-8525

## PERSONAL SERVICES:

ALTERATIONS: Aanh, 3932 Park Blvd  
(north of University West side in that side road next to the main road)  
[858-603-0187](tel:858-603-0187).

\*DRIVER AND COMPANION: James McQueen 619-517-9949

ELDER HELP - [619-284-9281](tel:619-284-9281). [www.elderhelpofsandiego.com](http://www.elderhelpofsandiego.com)

Our volunteers are willing to help with, carrying groceries, run errands, give rides, entertain (i.e. sing, dance, and make you laugh!), help out with making phone calls, writing letters and reading, help with cleaning and help with cooking.

ELDER LAW & ADVOCACY 858-565-1392  
5151 Murphy Canon Rd #100, SD 92123  
[www.seniorlaw-sd.org](http://www.seniorlaw-sd.org)

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\*"NEXT PHASE" – Move Assistance for Seniors wanting to Downsize and Relocate in San Diego

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- Packing and Unpacking
- New Home Set up
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General and professional liability insurance, provide worker's compensation insurance and post a crime/employee dishonesty bond for each employee, extensive pre-employment background checks and pre-employment tuberculosis screening, provide clients with a written client agreement that includes client's rights and how fees are specified.

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Molly Fiandaca 619-298-0733 – massage therapist, companion services.  
(ref Chris O.)

HELPING HANDS \$25-100/hr 7 days

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619-618-8483 mob, 619-255-7039 ofc  
[Veronica@helpinghandssandiego.com](mailto:Veronica@helpinghandssandiego.com)

Transportation, vac home oversight- safety and return preparation,  
construction project services, senior care needs – exercise, companions,  
home care, personal asst, new parent help, small business, org, resv,  
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escort to appointments, errands, medication reminders, companions  
760-632-3715

Sharon Mabrey, Domestic Assistant  
Pay bills, errands, clean and organize, prepare diet-specific meals, create or  
organize home office, arrange appointments and/or meet service people, etc.  
619-993-2382, [mabrey@cox.net](mailto:mabrey@cox.net)

\*Isabelle Barks, Bookkeeping and organizing your life business  
619-574-1226 [izbarks@aol.com](mailto:izbarks@aol.com)

Susan McCabe, Personal Chef at Daily Dish  
619-231-1398 [www.dailydishchef.com](http://www.dailydishchef.com)

Keith MAN FRIDAY 619-813-1782  
Assistance and companionship, seniors specialist, pet care, house sitting, daily  
tasks

### **PERSONAL TRAINING:**

\*Anna Rahim, THE PERFECT WORKOUT  
2635 Camino Del Rio South #111, SD 92108  
619-298-7900, 619-852-7865 mobile

\*Kevin Brown, personal gym  
3977 Florida St., SD 92104  
619-339-0039

\*Jen Bauer 925-457-7776  
Personal Trainer 24 Hour Fitness Point Loma

**PETS – WALKING AND SITTING**  
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619-709-2900

### **PHOTOGRAPHY:**

\*SCOTT BASILE

Does it all - (619) 865-3414

\*RANCHO PHOTO – Real Estate photography

100 Harbor Dr, San Diego, CA 92101

(619) 390-0539

Aaron Lawler, INNOVATIVE CONCEPTS

619-300-7800

[Aaron@innovativeconcepts.tech](mailto:Aaron@innovativeconcepts.tech)

(RTW – 7550 Chicago Dr)

\*BRETT HILTON PHOTOGRAPHY

619-948-4272

PREVIEW FIRST - Real Estate photograph Photography, virtual tours

[service@previewfirst.com](mailto:service@previewfirst.com) [www.previewfirst.com](http://www.previewfirst.com)

(619) 821-8228

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503-312-6428 [pacificvid@gmail.com](mailto:pacificvid@gmail.com)

858-461-8537

UNFORGETTABLE STUDIOS (MBK)

19-888-3344

BOB WORTHINGTON REAL ESTATE PHOTOGRAPHY

619-933-9199

[Bobworthingtonphotography.com](http://Bobworthingtonphotography.com)

\*Rodney Regala (did Rotary photos)

**Regala Studio**

[www.RegalaStudio.com](http://www.RegalaStudio.com)

Office [\(619\) 216-7220](tel:6192167220)

2539 Windward Way | Chula Vista, CA 91914

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Specialists with can-do attitudes

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Don Teemsma, President/Owner

[don@idealsvc.com](mailto:don@idealsvc.com)

\*AFFORDABLE PLUMBING

858-689-4000

Brad - DO RIGHT PLUMBING

619-392-2590

## **POOLS AND POOL SERVICE:**

Rafael Baez, TERRAQUA

Pools, Concrete, landscape

3691 54th Street, SD 92105

619-795-8800 [rafael@terraquainc.com](mailto:rafael@terraquainc.com)

\*Charlie

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619-252-2500

Paul Smith, SMITH'S POOL SERVICE

Preliminary evaluation of pool surface and equipment. Repairs, too. Great for purchase inspections. Also does pool servicing in some areas.

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Unitarian Coop – 4190 Front St 619-295-9860

Mission Hills Community Pre-School 1211 W.Lewis St 619-291-2112

## **PRINTING**

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From credit check to cleaning, maintenance, attraction tix, etc.

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Joe Carta Realty – houses to apartments to condos, generally long term leases  
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\*Alan Silva, SUPERIOR ROOFING  
760-591-9405

\*Dana Logsdon, LOGSDON ROOFING  
619-390-8177

Gary Sos, ALL ACCESS CONTRACTING AND ROOFING  
619-719-7434 mobile

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SOUTHWESTERN SIGNS  
619-321-7362

### SOLAR:

Joe Guidi  
CURRENT SOLAR  
619-584-5647 MOBILE, 619-272-0300  
[JG@CURRENTSD.COM](mailto:JG@CURRENTSD.COM)

### SURVEYORS:

PACIFIC LAND SURVEYORS  
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Always reliable, never sell you what you don't need, woman owned !  
Favorite inspector is Randy Krok, he is amazing, but they all are.

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Bite-Away  
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Structural Pest Control Board – administration/oversight  
2005 Evergreen Street, Ste. 1500, Sacramento, CA 95815  
(916) 561-8708  
Questions, complaints, help

### TITLE INSURANCE:

Tom Chapman – FIDELITY NATIONAL TITLE  
619-301-0188 [twchapman@fnf.com](mailto:twchapman@fnf.com)

### **TRANSACTION COORDINATORS**

THE TC COMPANY – Wendi Molina and Annie Alessio  
1299 Prospect St  
La Jolla, CA 92037  
858-551-7260  
[thetccompany@gmail.com](mailto:thetccompany@gmail.com)

### **TRAVEL:**

Irene Spencer, CTC  
PROTRAVEL INTERNATIONAL, LLC  
619-574-1371 [irenetravel@gmail.com](mailto:irenetravel@gmail.com), [www.irenespencertravel.com](http://www.irenespencertravel.com)  
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619-729-1418 [bweiss241@gmail.com](mailto:bweiss241@gmail.com)  
[www.tekntravel.com](http://www.tekntravel.com)

### **UPHOLSTERY:**

Daniel Zuniga, MISSION UPHOLSTERY  
2592 Market Street, San Diego, 92102  
619-297-7748

### **VETERINARIANS:**

Craig Kinshella, DVM – VCA VETERINARY SERVICES  
Also boarding and grooming  
246 West Washington Street, SD 92103  
619-299-7387

Michael Weber, ABC VETERINARIAN  
4054 Normal Street  
619-299-6020



**CARLSON AND OLLIS 619 -786-0210**

**930 West Washington Street #1, San Diego, CA 92103**

Steve Carlson, Realtor  
619-823-6892

[SteveCarlson0213@gmail.com](mailto:SteveCarlson0213@gmail.com)

CalDRE License No. 01455190



Ginny Ollis, Broker Associate  
619-517-4983

[GinnyOllis@gmail.com](mailto:GinnyOllis@gmail.com)

CalDRE License No. 00642373

